

# 2010 Dogwood Open Basic Skills Competition

18<sup>th</sup> Annual Competition  
August 13-15, 2010

The Raleigh IcePlex  
2601 Raleigh Blvd.  
Raleigh, NC 27604



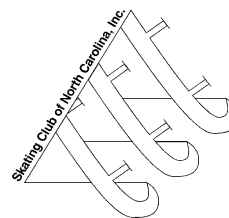
Sponsored By  
**Skating Club of North Carolina**

Sanctioned by United States Figure Skating



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## Eligibility

The Dogwood Open Basic Skills Competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Age and test qualifications as of June 30, 2010 (close of entries) will determine classification.

## Entries

Entries must be postmarked no later than June 30, 2010. **Online registration will be available via the Dogwood Open page at [www.skatingclubnc.org](http://www.skatingclubnc.org). Online registration is highly recommended.** The Entry Fee must accompany the paper application in the form of a **check or money order made payable to Skating Club of North Carolina, Inc.**

Entry Fees are as follows:

**\$60.00** for first singles, interpretive, or solo event

**\$25.00** for each additional event

**Completed Entry Form including club, parent and coach signatures and Payment should be mailed directly to:**

Dogwood Open  
c/o Jenny Komes  
7304 Mill Ridge Rd.  
Raleigh, NC 27613

Late entries will be accepted at the discretion of the Competition Committee and will require a late fee of **\$35.00**. Any change in event as a result of your mistake will result in a **\$35.00** fee for each event changed.

There will be a **\$35.00** charge for all returned checks. The competition committee reserves the right to limit the size of each group and may combine or divide groups. For Free Skate events separate events will be held for boys/men and girls/ladies. For Compulsory, Spin, and Showcase events boys/men and girls/ladies may be combined.

The committee may eliminate events due to insufficient entries or ice time limitations. Entry Fees will be refunded only if an event is canceled by the Competition Committee or if there is a death in the immediate family.

**Refunds will not be made for any other reason!**

## Rink

All events will be held at the Raleigh IcePlex **2601 Raleigh Blvd., Raleigh, NC 27604**

The rink is a climate-controlled facility with a single ice surface, measuring **200' by 100'** with rounded corners and a hockey barrier.

## Registration

The registration desk at the IcePlex will be open during the scheduled events.

Skaters must check the official bulletin board at the rink for the scheduled events.

The posting of any notices, changes or announcements shall be considered sufficient notice.

## Schedule

A tentative schedule will be posted on the club website ([www.skatingclubnc.org](http://www.skatingclubnc.org)) as soon after close of entries as possible, and no less than one week prior to the start of the competition.

## Contact Information

Information concerning the competition will be updated on the Skating Club of North Carolina Web Site ([www.skatingclubnc.org](http://www.skatingclubnc.org)).

If you have further questions about the 2010 Dogwood Open, please send your questions to Polly Addison at [pollyszo@aol.com](mailto:pollyszo@aol.com) or to

scnc.org@gmail.com.

### Music

Each competitor must furnish his/her own CD (no cassettes). CD's must be clearly labeled with the skater's name, event, and music length. Record the program on one track only with a 3 second lead. **No CR-RW's will be accepted.** All CD's must be turned in a minimum of (1) hour prior to the event. *A backup copy of the skater's music for each event entered should be available at all times.* Music may be picked up at the registration desk after each event.

### Liability

The Skating Club of North Carolina, Inc., USFSA, and the Raleigh IcePlex accept no responsibility for injury or damage sustained by any participant or spectator in this competition. Competitors assume the risk of competing in accordance with USFSA rule 3222.

### Judging System

The 6.0 judging system will be used for all Basic Skills events.

### Awards

Medals are awarded for 1st, 2nd, 3rd and 4th place.

### Videotaping and Photography

Professional videotaping and photography services will be available for purchase. Videotaping and non-flash photography (hand-held only) are permitted in the stands only. No tripods are allowed.

**Hotels:** Please visit [www.skatingclubnc.org](http://www.skatingclubnc.org) for a listing of available hotels.

### Practice Ice

Practice ice will be available during designated times throughout the competition.

The cost of pre-paid practice ice is **\$12.00 per 20 minute session**, and must be paid prior to close of entries on June 30, 2010, and **should be included in the entry fee payment** for the competition.

**Pre-paid practice ice sessions will be scheduled based on the competition schedule and skaters will be assigned to sessions based on the event levels entered. Skaters may only prepay for two sessions per event entered.**

**Walk-on practice ice is \$15.00 per 20 minute session** and may only be scheduled and paid for at the Registration Desk once the competition begins.

No other reservations will be accepted.

No refunds will be issued for any unused reservations.

**Basic Skills Program/Free Skate Events (Snowplow Sam – Basic 8, Basic Adult)**

All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. **Elements and Requirements are based on the Basic Skills Competition Manual.** There is a .10 second window for Basic Programs. The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

Level	Requirements	Time
<b>Snowplow Sam - Tots</b>	<ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	1:00 +/- .10
<b>Basic 1</b>	<ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6-8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	1:00 +/- .10
<b>Basic 2</b>	<ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place - forward to backward</li> <li>3. Backward two foot swizzles 6-8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	1:00 +/- .10
<b>Basic 3</b>	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	1:00 +/- .10
<b>Basic 4</b>	<ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside three turn - R &amp; L</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	1:00 +/- .10
<b>Basic 5</b>	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive in both directions</li> <li>3. One foot spin - min of three revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>	1:00 +/- .10
<b>Basic 6</b>	<ol style="list-style-type: none"> <li>1. Forward inside 3-turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>	1:00 +/- .10
<b>Basic 7</b>	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>	1:00 +/- .10
<b>Basic 8</b>	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>	1:00 +/- .10
<b>Adult Basic Skills</b>	<ol style="list-style-type: none"> <li>1. Two Foot Spin</li> <li>2. Forward Crossovers, min 5</li> <li>3. Backward Skating</li> <li>4. Forward Snowplow Stop</li> </ol>	1:00 +/- .10

### **Free Skate Events (Basic Skills Freeskiate 1-6)**

For the Freeskiate 1-6, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. **Elements and Requirements are based on the Basic Skills Competition Manual.** There is a .10 second window for Free Skate Programs. The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level

<b>Freeskiate 1</b>	1. Advanced Forward stroking. 4-6 strokes 2. Scratch spin from back crossovers 3. Waltz jump from back crossovers 4. Half flip jump	1:30 +/- .10
<b>Freeskiate 2</b>	1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop	1:30 +/- .10
<b>Freeskiate 3</b>	1. Forward crossovers in a figure 8 2. Back spin 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop	1:30 +/- .10
<b>Freeskiate 4</b>	1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin 3. Loop jump 4. Waltz jump/loop jump	1:30 +/- .10
<b>Freeskiate 5</b>	1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover Backward inside spiral, R or L 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop combination jump 5. Flip jump	1:30 +/- .10
<b>Freeskiate 6</b>	1. Camel/sit spin combination, min of 4 revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump	1:30 +/- .10
<b>Adults FreeSkate</b>	1. Two Foot spin 2. Forward outside Spiral R or L 3. Waltz jump 4. Advanced Stroking 4-6 strokes	1:30 +/- .10

### **Basic Skills Elements Event/Compulsory Event (Snowplow Sam – Basic 8, Basic Adult)**

Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

- To be skated on 1/3 to 1/2 ice
- No Music

**All elements must be skated in the order listed.**

<b>Leve</b>	<b>Requirements</b>	<b>Time</b>
<b>Snowplow Sam - Tots</b>	1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row	1:00 or less
<b>Basic 1</b>	1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row	1:00 or less
<b>Basic 2</b>	1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line across width of ice 3. Two foot turn in place - forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop	1:00 or less

<b>Basic 3</b>	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	1:00 or less
<b>Basic 4</b>	<ol style="list-style-type: none"> <li>1. Forward outside three turn - R &amp; L from a standstill</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 6-8 consecutive both directions</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	1:00 or less
<b>Basic 5</b>	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive in both directions</li> <li>3. One foot spin - min of three revolutions</li> <li>4. Hockey stop</li> <li>5. Side Toe hop -either direction</li> </ol>	1:00 or less
<b>Basic 6</b>	<ol style="list-style-type: none"> <li>1. Forward inside 3-turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>	1:00 or less
<b>Basic 7</b>	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>	1:00 or less
<b>Basic 8</b>	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>	1:00 or less
<b>Adult Basic Skills</b>	<ol style="list-style-type: none"> <li>1. Forward Stroking (4 –6 strokes)</li> <li>2. Forward Crossovers, min 5</li> <li>3. Backward Skating</li> <li>4. Forward Snowplow Stop</li> </ol>	1:00 or less

***FREE SKATE COMPULSORY/ELEMENTS EVENTS (Basic Skills Free skate 1-6, Adult Free skate)***

For the Free skate 1-6, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. **Elements and Requirements are based on the Basic Skills Competition Manual.**

The required elements may be performed in any order in a program without music using a limited number of connecting steps. Mandatory deductions will be taken for unlisted or additional elements such as jumps, spins, repetitions, or unsuccessfully executed moves. **Only one attempt is permitted for each element.**

<b>Level</b>	<b>Requirements</b>	<b>Time</b>
<b>Freestyle 1 Compulsory</b>	<ol style="list-style-type: none"> <li>1. Advanced forward stroking - 4-6 consecutive</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside</li> <li>3. Scratch spin from backward crossovers</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>	1:15 Max Half Ice
<b>Freestyle 2 Compulsory</b>	<ol style="list-style-type: none"> <li>1. Forward outside spiral - R or L. and a forward inside spiral - R or L</li> <li>2. Waltz Three's - R or L</li> <li>3. Beginning back spin - entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump series</li> <li>5. Toe loop jump</li> </ol>	1:15 Max Half Ice
<b>Freestyle 3 Compulsory</b>	<ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls 4 - 6 consecutive</li> <li>3. Back spin</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>	1:15 Max Half Ice

<b>Freeskate 4 Compulsory</b>	<ol style="list-style-type: none"> <li>1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise</li> <li>2. Forward power 3's, 2-3 consecutive sets-R or L</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump</li> </ol>	1:15 Max Half Ice
<b>Freeskate 5 Compulsory</b>	<ol style="list-style-type: none"> <li>1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop jump</li> <li>5. Flip jump</li> </ol>	1:15 Max Half Ice
<b>Freeskate 6 Compulsory</b>	<ol style="list-style-type: none"> <li>1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Freeskate 6)</li> <li>2. Camel, sit spin combination - minimum of 4 revolutions total</li> <li>3. Split jump or stag jump</li> <li>4. Waltz jump, ½ loop, Salchow combination</li> <li>5. Lutz jump</li> </ol>	1:15 Max Half Ice
<b>Adult FreeSkate Compulsory</b>	<ol style="list-style-type: none"> <li>1. Two Foot spin</li> <li>2. Bunny Hop</li> <li>3. Forward outside Spiral R or L</li> <li>4. Waltz jump</li> <li>5. Advanced Stroking 4-6 strokes</li> </ol>	1:00 Max Half Ice

### **Showcase Event**

Eligibility requirements are the same as for free skating. All showcase programs shall be skated on **FULL ICE** with music, which may be vocal. There are no required elements. Emphasis is placed on the theatrical and entertainment value of the skater's performance rather than on technical accuracy of specific moves. *No mark will be given for Technical Merit.* Costumes and props are encouraged. Props are limited to those the skaters can hand carry or **PUSH ON AND OFF** the ice in one trip (30 seconds or less). No off ice assistance may be given at any time. Props may not be flame or smokes oriented, live, or alter the ice surface. **Deductions will be taken for not following these guidelines.**

<b>Level</b>	<b>Requirements</b>	<b>Time</b>
Showcase E	Basic Skills Levels 1 – 8	1:00 Max
Showcase F	Free Skate Levels 1 – 3	1:30 Max
Showcase G	Free Skate Levels 4 – 6	1:30 Max
Showcase H	Adult Basic Skills/FreeSkate	1:30 Max
Showcase I	Couples Showcase (All Levels)	1:30 Max

### **Jumps Event**

Skaters must have not passed a higher free skating level then competing level. Skaters perform a series of jumps with minimal connecting footwork, without music, and on half ice. Connecting steps will not effect the scoring. There will be a deduction taken for any spin performed. Jumps should be executed exactly as stated, but may be skated in any order. Skaters will be given ONE opportunity to perform each jump. Repetition of unsuccessfully executed jumps is not allowed. Men and Women will compete together.

<b>Freeskate 1 - 3</b>	<ol style="list-style-type: none"> <li>1. Two Solo Jumps (Waltz, Toe Loop, or Salchow)</li> <li>2. One Jump Combination or Sequence w/ Waltz, Toe Loop, or Salchow</li> </ol>	1:00 Max
<b>Freeskate 4 -6</b>	<ol style="list-style-type: none"> <li>1. Two Solo Jumps (Loop, Flip, or Lutz)</li> <li>2. One Jump Combination or Sequence w/ Loop, Flip, or Lutz</li> </ol>	1:00 Max
<b>Adult Freeskate</b>	<ol style="list-style-type: none"> <li>1. Two Solo Jumps (Waltz, Toe Loop, or Salchow)</li> <li>2. One Combination Jump or Sequence (w/ Waltz Jump, Toe Loop, or Salchow)</li> </ol>	1:00 Max