

2010 Dogwood Open

18th Annual Competition

August 13-15, 2010

The Raleigh IcePlex
2601 Raleigh Blvd.
Raleigh, NC 27604

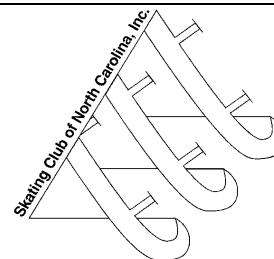


Sponsored By
Skating Club of North Carolina

Website - <http://www.skatingclubnc.org>

Sanctioned by United States Figure Skating

2010 Dogwood Open
 Hosted By
The Skating Club of North Carolina
 August 13 - 15, 2010
 Sanctioned by U.S. Figure Skating



Chief Referee: Devon Beck

Accountants: Mike Rowland, Ken Killinger

Eligibility

The Dogwood Open is open to all qualified eligible skaters Tots-Senior and Adult Pre-Bronze to Masters, who are members in good standing of U.S. Figure Skating or the ISU, and will be governed by U.S. Figure Skating as specified in the 2010-2011 rulebook. The purpose of this non-qualifying competition is to provide a practical competitive experience in freestyle and pairs. With this object in mind, Junior and Senior events will not be subdivided. Age and test qualifications as of June 30, 2010 (close of entries) will determine classification.

Entries

Entries must be postmarked no later than June 30, 2010. **Online registration will be available via the Dogwood Open page at www.skatingclubnc.org. Online registration is highly recommended.** Entry Fees must accompany paper application and be paid by check or money order **made payable to Skating Club of North Carolina**. Partner entries for pairs may be mailed as a single registration form.

Event Entry Fees

IJS Events:

- First IJS Event - \$110
- Second IJS Event - \$75

All Other Events:

- First Event - \$90
- Second Event - \$50
- Third & Subsequent Events - \$30

Completed Entry Form including club, parent and coach signatures and payment should be mailed to:

Dogwood Open
 c/o Jenny Komes
 7304 Mill Ridge Rd.
 Raleigh, NC 27613

Late entries will be accepted at the discretion of the Competition Committee and will require a late fee of **\$35.00**. Any change in event as a result of participant error will result in a **\$35.00** fee per changed event.

Returned Checks, Conditions & Refunds

There will be a \$35.00 charge for all returned checks.

The competition committee reserves the right to limit the size of each group and may combine or divide groups. Separate free skate events will be held for boys/men and girls/ladies. Compulsory, Spin, and Showcase events boys/men and girls/ladies may be combined. The committee may eliminate events due to insufficient entries or ice time limitations. Entry Fees will be refunded only if an event is canceled or if there is a death in the immediate family.

Refunds will not be made for any reason other than those stated above.

Rink

All events will be held at the Raleigh IcePlex **2601 Raleigh Blvd., Raleigh, NC 27604**

The rink is a climate-controlled facility with a single ice surface, measuring **200' by 100'** with rounded corners and a hockey barrier.

Registration

The registration desk at the IcePlex will be open during the scheduled events.

Skaters must check the official bulletin board at the rink for the scheduled events.

The posting of any notices, changes or announcements shall be considered sufficient notice.

Hotels
Local hotels will be listed at the SCNC website: www.skatingclubnc.org
Schedule
A tentative schedule will be posted on the club website (www.skatingclubnc.org) as soon after close of entries as possible, and no less than one week prior to the start of the competition.
Practice Ice
Practice ice will be available during designated times throughout the competition. The cost of pre-paid practice ice is \$12.00 per 20 minute session , and must be paid prior to close of entries on June 30, 2010, and should be included in the entry fee payment for the competition. Pre-paid practice ice sessions will be scheduled based on the competition schedule and skaters will be assigned based on the event levels entered. Skaters may only prepay for two sessions per event entered. Walk-on practice ice is \$15.00 per 20 minute session and may only be scheduled and paid for at the Registration Desk once the competition begins. No other reservations will be accepted. No refunds will be issued for any unused reservations.
Contact Information and Email Notifications
Information concerning the competition will be updated on the Skating Club of North Carolina Web Site (www.skatingclubnc.org). If you have further questions about the 2010 Dogwood Open, please send your questions to scnc.org@gmail.com or contact Polly Addison at 919-906-630-6362.
Music
Each competitor must furnish his/her music on CD only. CD's must be clearly labeled with the skater's name, event, and music length. Record the program on one track only, with a 3 second lead. No CR-RW's will be accepted. All CD's must be turned in a minimum of (1) hour prior to the event. <i>A backup copy of the skater's music for each event entered should be available at all times.</i> Music may be picked up at the registration desk after each event.
Liability
The Skating Club of North Carolina, Inc., USFSA, and the Raleigh IcePlex accept no responsibility for injury or damage sustained by any participant or spectator in this competition. Competitors assume the risk of competing in accordance with USFSA rule 3222.
Judging System
IJS critiques will be offered for all Juvenile through Senior Short Program and Free Skate Program exhibitions and Adult Gold and Adult Masters. The 6.0 judging system will be used for all other events.
Final Rounds
There will be final rounds for all Preliminary and higher events, provided there are enough entries to subdivide the groups.
Awards
Medals are awarded for 1 st , 2 nd , 3 rd and 4 th place initial rounds.
Videotaping and Photography
Professional videotaping and photography services will be available for purchase. Videotaping and non-flash photography (hand-held only) are permitted in the stands only. No tripods are allowed.
Programs
Printed programs will be available. If you would like to advertise in the program, a program insertion order is in this packet. If you have any questions, please contact Polly Addison at pollyzoo@aol.com .

FREE SKATING EVENTS

Requirements include Free Skate and Moves in the Field tests. General rules 3630 – 3634 of the 2010/2011 Rulebook apply for free skate for all levels. There is a 10 second window for Free Skate programs except Adult Free Skates. Adult free Skate and all short program times are maximum times. Refer to the 2010/2011 Rulebook for specific program requirements. Skaters may skate up one level from their tested level.

If competing in the Test Track events, **Deductions WILL be made** for including **technical elements not permitted** in the event description.

6.0 FREE STYLE EVENTS

Level	Requirements	Time
Tots	Age 5 and under. No USFSA FS Tests passed. Program Requirements - See Rule 3721. No Axels or double jumps are allowed.	1:00 +/- .10
No Test	Age 6 and up. No USFSA FS Tests passed. Program Requirements - See Rule 3721. No Axels or double jumps are allowed.	1:30 +/- .10
Pre-Preliminary A	Passed no higher than Pre-Preliminary FS test. Program Requirements - See Rule 3711. No Axels or double jumps	1:30 +/- .10
Pre-Preliminary B	Passed no higher than Pre-Preliminary FS test. Program Requirements – See Rule 3711. Axel allowed and may be repeated in solos, sequences, or combo.	1:30 +/- .10
Preliminary	No higher than Preliminary FS Test. Program Requirements – see Rule 3701	1:30 +/- .10
Pre- Juvenile	No higher than Pre-Juvenile FS Test. Program Requirements – see Rule 3691	2:00 +/- .10
Adult Pre-Bronze	Test/Age – See Rule 3730 & 3805. Program requirements – see Rule 3806.	1:40 Max
Adult Bronze	Test/Age – See Rule 3730 & 3800. Program requirements – see Rule 3801	1:50 Max
Adult Silver	Test/Age – See Rule 3730 & 3790. Program requirements – see Rule 3791	2:10 Max
Limited Beginner (Test Track)	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests. <i>Skills up to and including Free skate 2</i> ELEMENTS: Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Up to 1:30 +/- .10
Beginner (Test Track)	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests <i>Skills up to and including Free skate 3</i> ELEMENTS: Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	1:30 +/- .10
Pre-Preliminary Test (Test Track)	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test <i>Skills up to and including Free skate 6</i> ELEMENTS: At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Connecting moves and steps should be demonstrated throughout the program.	1:30 +/- .10

Preliminary Test (Test Track)	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test ELEMENTS: At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	1:30 +/- .10
Pre-Juvenile Test (Test Track)	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test ELEMENTS: Three spins in any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	2:00 +/- .10
Juvenile Test (Test Track)	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test ELEMENTS: Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1half rotations. (Axel permitted). Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	2:15 +/- .10
Intermediate Test (Test Track)	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test ELEMENTS: Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	2:30 +/- .10
Novice Test (Test Track)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test ELEMENTS: Three spins in any position (min 6 revolutions) one must be a combination spin with at least one change of foot (min 5 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow, double toe loop and the double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements. One step or spiral sequence. (See Rule 3640 for description).	3:00 ladies 3:30 men +/- .10
Junior Test (Test Track)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test ELEMENTS: Three spins—one must be a flying spin, a solo spin (6 revolutions each) and a combination spin consisting of all three positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). Any single jumps and double jumps may only be the double Salchow, double toe loop, double loop and the double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences Ladies: One step sequence and one spiral sequence (see Rule 3640 for description).	3:30 ladies 4:00 men +/- .10

Senior Test (Test Track)	Skaters must have passed at least the U.S. Figure Skating junior free skate test ELEMENTS: Four spins (min 6 revolutions on all solo spins)- one must be a flying spin, one solo spin, one spin combination consisting of all three positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). At least four different double jumps one must be a double Lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see Rule 3640 for description).	4:00 ladies 4:30 men +/- .10
IJS PROGRAM EXHIBITIONS (see Rules 3630 - 3634)		
Level	Requirements	Time
Open-Juvenile (IJS)	Passed Juvenile FS test, but no higher. See Rule 3680 and Rule 3681.	2:15 +/- .10
Juvenile (IJS)	Passed Juvenile FS test, but no higher. See Rule 3680 and Rule 3681.	2:15 +/- .10
Intermediate (IJS) Short/Long	Passed Intermediate FS test, but no higher. See Rule 3670, Rule 3671, and Rule 3672.	2:00 Max/2:30 +/- .10
Novice (IJS) Short/Long	Passed Novice FS test, but no higher. See Rule 3660, Rule 3661, Rule 3662, and Rule 3663.	2:30 Max/ 3:00 ladies 3:30 men +/- .10
Junior (IJS) Short/Long	Passed Junior FS test, but no higher. See Rule 3650, Rule 3651, Rule 3652, and Rule 3653.	2:50 Max/ 3:30 ladies 4:00 men +/- .10
Senior (IJS) Short/Long	Passed Senior FS test, but not higher. See Rule 3640, Rule 3641, Rule 3642, and Rule 3643.	2:50 Max/ 4:00 ladies 4:30 men +/- .10
Adult Gold (IJS)	Passed no higher than Adult Gold FS test, Juvenile FS test, or the ISI Freestyle 6 test.	2:40 Max
PAIRS FREE SKATE EXHIBITIONS (see Rules 4010 – 4091)		
Requirements include pairs and moves in the Field tests. Must not have passed higher pairs test than competing level.		
Pairs-Juvenile (IJS)	See Rule 4080 and Rule 4081.	2:30 +/- :10
Pairs-Intermediate (IJS)	See Rule 4070 and Rule 4071.	3:00 +/- :10
Pairs-Novice (IJS) Short/Long	See Rule 4060, Rule 4061, and Rule 4062.	2:50 Max/3:30 +/- .10
Pairs-Junior (IJS) Short/Long	See Rule 4050, Rule 4051, and Rule 4052.	2:50 Max/4:00 +/- .10
Pairs-Senior (IJS) Short/Long	See Rule 4040, Rule 4041, and Rule 4042.	2:50 Max/4:30 +/- .10

COMPULSORY MOVES EVENTS

Requirements include Free Skate and Moves in the Field test. Skaters must compete at the level of their highest passed freestyle test, or one level higher. Moves must be performed in program without music and in any order with connecting steps as necessary. Mandatory deductions will be taken for unlisted or additional elements such as jumps, spins, repetitions, or unsuccessfully executed moves. **Only one attempt is permitted for each element.** Juvenile, Open Juvenile and Adult Gold are Full Ice, all other levels are Half Ice.

Level	Requirements	Time
No Test	<ol style="list-style-type: none"> 1. Salchow jump 2. 3 consecutive half flips, 3. One-foot upright spin, 4. Any forward spiral, 5. Forward outside consecutive edges (2 per foot). 	1:00 Max Half Ice
Pre-Preliminary	<ol style="list-style-type: none"> 1. Salchow jump, 2. Single/single combination jump (no axel), 3. Loop jump, 4. One-foot upright spin, 5. Forward inside spiral (either foot). 	1:00 Max Half Ice
Preliminary	<ol style="list-style-type: none"> 1. Loop jump, 2. Flip jump, 3. Single/single combination jump (Axel permitted), 4. Sit spin, 5. Change of foot spin (front to back, back to front) with no change of position. 	1:30 Max Half Ice
Pre-Juvenile	<ol style="list-style-type: none"> 1. Flip Jump, 2. Lutz Jump, 3. Loop combination jump (any single jump with a loop). 4. Layback or cross-foot spin, 5. Change of foot spin (front to back, back to front), any position, 6. Circular footwork. 	1:30 Max Half Ice
Juvenile	<p style="color: #800080; margin: 0;">Under age 13</p> <ol style="list-style-type: none"> 1. Lutz, 2. Axel, 3. Double/single or single/single combo jump, 4. Split jump, stag or falling leaf, 5. Combination spin with only 1 change of foot, 6. Serpentine footwork sequence. 	1:45 Max Full Ice
Open Juvenile	<p>Age 13 to 18.</p> <ol style="list-style-type: none"> 1. Lutz, 2. Axel, 3. Double/single or single/single combo jump, 4. Spit jump, stag or falling leaf, 5. Combination spin with only 1 change of foot, 6. Serpentine footwork sequence. 	1:45 Max Full Ice
Level	Requirements	Time
Adult Pre-Bronze	<ol style="list-style-type: none"> 1. Waltz jump 2. Toe Loop 3. Half Flip- Half Flip combination 4. One Foot Spin (min 3 revs) 	1:00 Max Half Ice
Adult Bronze	<ol style="list-style-type: none"> 1. Salchow 2. Toe Loop 3. Waltz-Toe Loop combination 4. Sit Spin (min 3 revs) 5. Straight-line footwork sequence 	1:00 Max Half Ice

Adult Silver	1. Flip 2. Loop 3. Single-Single combination jump 4. Camel Spin (min 3 revs) 5. Back Spin 6. Straight-line footwork sequence	1:30 Max Half Ice
Adult Gold	1. Axel 2. Lutz-Loop combination 3. Waltz-half Loop-Flip combination 4. Camel-Sit Spin (min 4 revs each) 5. Straight-Line footwork sequence 6. Layback or Attitude (ladies) or Cross-foot (men) spin	2:00 Max Full Ice
SPINS ONLY EVENTS		
Requirements include Free Skate and Moves in the Field tests. Spins must be skated exactly as stated, but may be skated in any order without music. Connecting steps may be used but will not affect scoring. Mandatory deductions will be taken for unlisted or additional elements such as jumps, spins, repetitions, or unsuccessfully executed moves. One attempt only for each element. Events limited to half the ice Surface.		
Level	Requirements	Time
No-Test	1. One foot upright spin (optional free foot), 2. One foot upright back spin, 3. Two foot spin	1:00 Max Half Ice
Pre-Preliminary	1. Forward sit spin, 2. One foot upright back spin, 3. Spin combo with only 1 change of position (change of foot is optional)	1:00 Max Half Ice
Preliminary	1. Forward camel spin, 2. Forward sit spin, 3. Forward scratch/back scratch.	1:00 Max Half Ice
Pre-Juvenile	1. Forward camel/forward sit spin combination, 2. Change of foot sit spin (start forward or backward), 3. Forward camel.	1:15 Max Half Ice
Juvenile Under Age 13	1. Flying spin, 2. Forward camel spin, plus one change of position, no change of foot, 3. Forward creative spin with two positions.	1:15 Max Half Ice
Open Juvenile Ages 13-18	1. Flying spin, 2. Forward camel spin, plus one change of position, no change of foot, 3. Forward creative spin with two positions.	1:15 Max Half Ice
Intermediate	1. Forward sit/back sit/forward sit combo, 2. Forward camel spin, plus one change of position, no change of foot, 3. Forward creative spin with two positions.	1:30 Max Half Ice
Novice	1. Flying sit spin, 2. Forward camel/backward camel spin combination, 3. Creative spin (unlimited changes of foot and position).	1:30 Max Half Ice
Junior and Senior	1. Solo spin of choice (no fly), 2. Combination spin of choice (to include a flying spin), 3. Creative spin (unlimited changes of foot and position).	1:30 Max Half Ice
Adult Pre-Bronze	1. One foot upright spin (min 3 revs, optional free foot), 2. Two foot spin (entry optional, min 3 revs) 3. Pivot	1:15 Max Half Ice

Adult Bronze	1. One foot upright spin (min 4 revs), 2. One foot upright back spin (entry optional, min 3 revs), 3. Sit Spin, broken leg or attitude (min 3 revs)	1:30 Max Half Ice
Adult Silver	1. Forward Camel Spin (min 3 revs), 2. Layback, Attitude or Sit Spin (min 4 revs), 3. Combination Spin with one change of position, change of foot optional (min 3 revs each position)	1:30 Max Half Ice
Adult Gold	1. Solo spin (min 5 revs), 2. Flying spin (min 4 revs), 3. Combination Spin with one change of foot and at least two changes of position (min 4 revs each foot)	1:30 Max Half Ice
JUMPS ONLY EVENTS		
Testing and age requirements are the same as for Free Skate events. Jumps must be performed <u>in the exact order stated below with minimal connecting steps</u> , except as otherwise noted. ONLY ONE ATTEMPT PERMITTED. Pre-Preliminary thru Pre-Juvenile and Adult Pre-Bronze thru Silver will use half ice surface. Juvenile thru Senior and Adult Gold will use full ice surface.		
No-Test	1. Waltz jump 2. Salchow 3. Waltz/toe loop combination	1:00 Max Half Ice
Pre-Preliminary	1. Salchow 2. Toe-loop 3. Loop/loop combination	1:00 Max Half Ice
Preliminary	1. Axel 2. Loop 3. Flip/loop combination	1:00 Max Half Ice
Pre-Juvenile	1. Axel 2. Single Lutz/single loop combination 3. Double Salchow	1:15 Max Half Ice
Juvenile & Open Juvenile	1. Axel 2. Double/single combination (any order) 3. Double Toe-loop	1:15 Max Full Ice
Intermediate	1. Single Axel 2. Double Loop (immediately preceded by connecting steps) 3. Combination of any 2 doubles	1:30 Max Full Ice
Novice	1. Double Loop 2. Double Flip (immediately preceded by connecting steps) 3. Combination of any 2 doubles	1:30 Max Full Ice
Junior	1. Double Axel 2. Double Flip (immediately preceded by connecting steps) 3. Combination of any 2 doubles or a triple/double	1:30 Max Full Ice
Senior	1. Double Axel 2. Double Lutz (immediately preceded by connecting steps) 3. Combination of any triple/double or triple/triple (any order)	1:30 Max Full Ice
Adult Pre-Bronze	1. Waltz jump 2. Waltz/toe-loop combination 3. half Flip	1:00 Max Half Ice
Adult Bronze	1. Salchow 2. Loop 3. Single/single combination	1:00 Max Half Ice
Adult Silver	1. Flip 2. Loop 3. Single/single combination	1:15 Max Half Ice

Adult Gold	1. Lutz 2. Axel 3. Any two jumps in combo (may include doubles)	1:30 Max Full Ice
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DANCE - SOLO EVENTS

Dance – Solo events will be conducted in accordance with the 2010/2011 Rulebook. Skaters may not compete below their current test level. Two patterns are to be skated for each dance. Adult age requirement is 21 or older.

Level	Requirements	Dances
Preliminary	Must not have passed more than one Pre-Bronze Dance test	Canasta Tango Dutch Waltz
Pre-Bronze	Must not have passed more than one Bronze Dance test	Swing Dance Fiesta Tango
Bronze	Must not have passed more than one Pre-Silver Dance test	Hickory Hoedown Tenfox
Pre-Silver	Must not have passed more than one Silver Dance test	Fourteen Step European Waltz
Silver	Must not have passed more than one Pre-Gold Dance test	American Waltz Rocker Foxtrot
Pre-Gold	Must not have passed more than one Gold Dance Test	Blues Paso Doble
Gold	Must not have passed more than on International Dance test	Argentine Tango Viennese Waltz
Adult Preliminary	Must not have passed more than one Pre-Bronze Dance test	Dutch Waltz Canasta Tango
Adult Pre-Bronze	Must not have passed more than one Bronze Dance test	Cha Cha Fiesta Tango
Adult Bronze	Must not have passed more than one Pre-Silver Dance test	Hickory Hoedown Willow Waltz
Adult Pre-Silver	Must not have passed more than one Silver Dance test	Foxtrot European Waltz
Adult Silver	Must not have passed more than one Pre-Gold Dance test	American Waltz Rocker Foxtrot
Adult Pre-Gold	Must not have passed more than one Gold Dance Test	Blues Starlight Waltz
Adult Gold	Must not have passed more than on International Dance test	Argentine Tango Viennese Waltz

SHOWCASE EVENT

Eligibility requirements are the same as free skating. All showcase programs are on **FULL ICE** with music, which may be vocal. No required elements. Emphasis is placed on the theatrical and entertainment value, rather than on technical accuracy of specific moves. *No marks for Technical Merit.* Costumes and props are encouraged. Props are limited to those the skaters can hand carry or **PUSH ON AND OFF** the ice in one trip (30 seconds or less). No off ice assistance may be given at any time. Props may not be flame or smokes oriented, live, or alter the ice surface.

Deductions will be taken for not following these guidelines.

Level	Requirements	Time
Showcase A	Tots and No Test	1:00 Max
Showcase B	Pre-Preliminary A, Pre-Preliminary B, and Preliminary	1:30 Max
Showcase C	Pre-Juvenile, Juvenile, and Open Juvenile	1:30 Max
Showcase D	Intermediate, Novice, Junior, and Senior	2:00 Max
Adult Showcase	Adult Pre-Bronze, Adult Bronze, Adult Silver, and Adult Gold	1:40 Max
Couples	No Restrictions	1:30 Max